GUIDELINES WITH DIVERSITY

Guidelines and Things to Think About when Working with People from Culturally Diverse Backgrounds

- 1. Understand one's own personal and cultural values about life, death, and dying.
- 2. Strive to facilitate communication with the terminally ill person through verbal and nonverbal communication.
- **3.** Accept that the client's understanding and desire for advance directives may differ from that of the health professional.
- 4. Recognize and accept the patient's need for closeness or distance
- 5. Acknowledge the patient's decisions about the use of pain medications
- 6. Understand the patient's need to have contact with the family members of all ages.
- 7. Avoid interpreting all behavior as stemming from the patient's terminal illness.
- Practice acceptance, empathy, compassion, and be aware of and understand your own boundaries.