



20<sup>th</sup>  
OSHER  
LIFELONG  
LEARNING  
INSTITUTE

2001 - 2021

SONOMA STATE  
UNIVERSITY

# Fall 2021

## Course Catalog

**No Grades. No Tests. Learning...for the Joy of It!**

**SONOMA  
STATE**  
UNIVERSITY

SCHOOL OF  
EXTENDED  
& INTERNATIONAL EDUCATION

1801 E. Cotati Ave., Rohnert Park, CA 94928-3609 | [olli.sonoma.edu](http://olli.sonoma.edu) | 707-664-2691

Follow OLLI@SSU on Facebook: [www.facebook.com/OLLlatSSU](https://www.facebook.com/OLLlatSSU)

Hello Friends of OLLI,

This fall we celebrate the 20<sup>th</sup> Anniversary of OLLI at Sonoma State University. For 20 years we have been delivering enriching and intellectually stimulating programs that enhance our lives.

Currently there are 124 OLLI programs at universities throughout the nation, all with the mission to engage lifelong learners 50 and above with creative and engaging programming, and engage with a community of lifelong learners. Throughout the pandemic, our members have shared with us how much they have enjoyed OLLI Zoom classes, how they have kept members connected through classes and coffee hours, provided mental stimulation, and for many, OLLI has been a vital lifeline.

OLLI has a wide variety of class offerings this fall, from in person to Zoom classes. You can explore the politics of culture, experience America's rock and roll laureate, Bruce Springsteen, listen to legendary "Divos" in opera, or explore the world of Jewish music. Laugh along with Monty Python, discover Leonardo da Vinci's hidden message, and explore the world of food and culture with the anthropology of food and wine.

Come and celebrate with OLLI at the Ed Stolman 20th Anniversary Lecture on September 10, at the Sally Tomatoes Event Center at Sonoma Mountain Village. We have planned a wonderful program to bring OLLI together in a safe and meaningful way.

Thank you for your support of OLLI over the past year. We wouldn't be here without you. As we work towards being together in person again, we will do so with your safety in mind.

Join OLLI, where learning never retires!

**Leslie Brutocao**  
Director



## WHY I KEEP COMING BACK TO OLLI

“ I have been coming to OLLI since 2007 and have been an OLLI Ambassador since 2011. **I have traveled to seven countries with OLLI's professor-led tours**, and have enjoyed the classes, the trips, and especially making new friends.”  
– Pat Kavanaugh

“ I came to an OLLI Open House shortly after retiring in 2010 and got hooked! I have eagerly sampled the various events and activities, both on and off campus, and have enjoyed having an SSU student card to receive discounts on shows and presentations. **It really is the people that make OLLI so wonderful.**”  
– Helen Gunderson

“ **I learned a value of the program that transcended the educational component.** It brings like-minded people together to form lasting friendships. I've often said that I don't attend classes to learn so much as for the entertainment and camaraderie. And some of the teachings do rub off on me!”  
– Eric Norrbom

“ **We love OLLI!** We love the classes, the professors, the friends we have made. **It is one of the most important things in our lives.** It was an absolute life saver this past year. We took at least three Zoom classes each session this past year.”  
– Sid and Gerry Lipton

## CONTACT OLLI

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**Join our OLLI community on Facebook!**

Visit [www.facebook.com/OLLIatSSU](https://www.facebook.com/OLLIatSSU) and 'Like' our page for OLLI updates, OLLI clubs and events, and connect with OLLI friends.

## OLLI FALL 2021 VIRTUAL COURSE PREVIEW

Monday, August 23 from 10:00 – 11:50 a.m. on ZOOM

Come and find out about the upcoming fall classes while instructors give live presentations on their classes.

The Zoom link for the Fall Course Preview will be available starting Friday, August 13 at [olli.sonoma.edu](http://olli.sonoma.edu).

## OLLI FALL 2021 COURSES – SIX WEEKS: \$95

**Mondays, September 13 – October 18, 2021**

**1:00 – 3:00 p.m. | ZOOM | Course #3560**

### **Bruce Springsteen: America's Rock and Roll Laureate**

**Instructor: Pete Elman**



"I saw rock n' roll future and its name is Bruce Springsteen" - Jon Landau, 1974.

The instructor will break the course up chronologically into six distinct periods in the life and career of Bruce Springsteen, now 71, from his birth in 1949 to the present, celebrating 50 years—and counting—in what may be the most remarkable career in rock and roll.

**Mondays, September 13 – October 18, 2021**

**3:00 – 5:00 p.m. | ZOOM | Course #3561**

### **The Anthropology of Food & Wine**

**Instructor: Carlos D. Torres**



The Anthropology of Food & Wine course will explore the cultural dimensions of global food and wine production, first looking at the early prehistory development of food production and then extending into the modern age and the great diversity of global food production strategies, dining protocols, and commensality rituals. We will also look at food origins, the making of class and taste associated with food and culture, and current research in food and nutrition.

**Tuesdays, September 14 – October 19, 2021**

**10:00 a.m. – 12:00 p.m. | ZOOM | Course #3562**

### **Exploring Opera: The Divos**

**Instructor: James Sokol**



Some have altered the term "diva" to "divo" to express the adoration of male opera singers with exceptional voices. Some are legendary; others almost forgotten. Join James Sokol to discover or re-discover some of the great men of opera. Learn about their backgrounds and experience their brilliance through performance videos. Hear the variations among the male vocal ranges — countertenor, tenor, baritone, and bass. Bask in the glory of gorgeous voices and repertoire. Don't miss this series — terrific for opera newcomers and long-time fans!

**Tuesdays, September 14 – October 19, 2021**

**1:00 – 3:00 p.m. | ZOOM | Course #3563**

### **Our Changing Oceans**

**Instructor: Renate Eberl**



Oceans cover 70% of the earth's surface and play an important role in climate regulation and biodiversity. Marine systems are facing many human induced challenges and are changing as a result. We will learn about the importance of oceans for climate regulation and as a source of food and biodiversity, shifting ocean currents, rising sea- levels, disappearing underwater forests, diseases, and how scientists are trying to understand these changes. You will learn about ongoing efforts to slow and reverse changes to protect functioning ecosystems.

**Wednesdays, September 15 – October 20, 2021**

**10:00 a.m. – 12:00 p.m. | ZOOM | Course #3564**

### **Contemporary Comedic Genius Series: Monty Python**

**Instructor: Martin Marshall**



This course examines the work of the collection of individuals known as Monty Python. It starts with a look at pre-Python BBC, then proceeds through the Flying Circus BBC series, and then on to the films made by the group and by individuals after the group work disbanded. It is a full, rich study of the most popular comedic group in world history, the group thought of as the Beatles and Rolling Stones of British comedy.

**Wednesdays, September 15 – October 20**

**3:00 – 5:00 p.m. | ZOOM | Course #3565**

### **Geology of National Parks: Evolution of North America**

**Instructor: Nicole Myers**



The most beautiful landscapes in the United States have been preserved as National Parks, but what makes them unique is their geologic and climactic history. Geologists have investigated these geologic wonders to help us understand the timeline of their formation over millions of years, the forces that have morphed them into their present expression, and the processes that will continue to change them in the future. We will explore Yosemite, Yellowstone, Zion, Grand Canyon, Death Valley, Carlsbad Caverns, Lassen Volcanic, Crater Lake, Rocky Mountains, and Great Smokey Mountains National Parks, and much more.

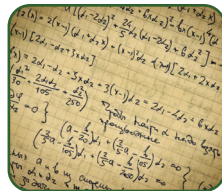
**Thursdays, September 16 – October 21, 2021**  
**10:00 a.m. – 12:00 p.m. | ZOOM | Course #3566**



**The Promiscuous World of Jewish Music**  
Instructor: Joshua Horowitz

You will be led through a fascinating array of themes of Jewish music in the world, including East-European vocal and instrumental music (Yiddish song and Klezmer music), Mediterranean, North African and Middle Eastern Jewish popular and classical traditions as well as music in Israel. The series explores the implications of what is Jewish and uncovers misleading definitions of Jewish Music. It considers the “outsiders” view (satires and parodies), syncretism, and cultural signifiers as well as music as the symbol of the diaspora, music archetypes and the illusion of cultural ownership, blackface, and the internalization of stereotypes.

**Thursdays, September 16 – October 21, 2021**  
**1:00 – 3:00 p.m. | ZOOM | Course #3567**



**Ethnomathematics**  
Instructor: Rick Luttmann

An examination of the mathematical achievements of indigenous cultures around the world, particularly Africa, the Americas, and the South Pacific, including number systems, data management, calendars, games of chance and games of strategy, social structures, and geometry and symmetry.

**Fridays, September 17 – October 22, 2021**  
**1:00 – 3:00 p.m. | ZOOM | Course #3568**



**Aging with Grace**  
Instructor: Andy Wallace

The course applies insights from the biology and psychology of human emotion to enhance the quality of life for mature adults whose developmental needs involve service to others with care for self. Research shows that these needs are mutually supportive. The more we authentically care for the good of others, the happier we are. We can develop our caregiving capacities. This course uses concepts, exercises, and activities from the science of mindfulness and compassion to teach students how to bring greater meaning, purpose and joy to their lives. Students learn how to train their minds with kindness. All exercises are simple, fun and engaging.

**OLLI FALL 2021 COURSES – THREE WEEKS: \$60**

**Fridays, September 17 – October 1, 2021**  
**10:00 a.m. – 12:00 p.m. | IN PERSON | Course #3569**



**Politics of Culture: The Struggle to Define America**  
Instructor: Les Adler  
*Wine Spectator Learning Center – WINE1001 – SSU Campus*

*“America First” “The Deep State” “Enemies of the People” “Alternative Facts” “Making America Great Again!”*

What do these most recent battle cries in America’s ongoing war to define itself really mean? What does the fearful, countersubversive, and often paranoid state of mind they reflect tell us about the state of American life and culture today? And what perspectives can we gain by tracing their roots in the contested soil of America’s past.

**Fridays, October 8 – October 22, 2021**  
**10:00 a.m. – 12:00 p.m. | IN PERSON | Course #3570**



**Is There a Conflict between Economics and Environmental Preservation?**  
Instructor: Mike Arnold  
*Wine Spectator Learning Center – WINE1001 – SSU Campus*

Is there a conflict between the economy and environmental preservation? A lot of people think so. They are misinformed. Conflicts always arise among winners and losers in political battles, but environmental preservation hasn’t “cost jobs” — at least in total — as is frequently the claim. Economics provides insights about how we preserve the environment and the lowest-cost ways to do it. We will explore the economic principles relevant to these conclusions in a three-week course, including the guidance economics provides on how to address global warming.



Full course descriptions and Instructor bios available at [oli.sonoma.edu](http://oli.sonoma.edu).

Registration for Fall classes opens August 11, 2021.

OLLI OFF-SEASON | OCTOBER 29 – NOVEMBER 19, 2021

OLLI À LA CARTE – SINGLE TWO HOUR COURSES: \$25

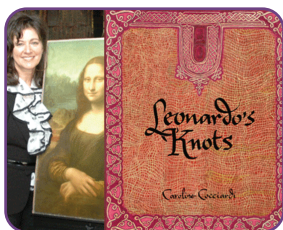
Friday, October 29 | 10:00 a.m. – 12:00 p.m.  
ZOOM | Course #3571



**Writing a Legacy Letter** | Instructor: Jay Sherwin

This workshop introduces the concept of “legacy letters” and encourages participants to craft their own legacy document. A legacy letter (also called an “ethical will”) is a written document that allows people to share their life lessons, express their values and transmit their blessings to future generations. A legacy letter is typically just a few pages, a rewarding experience that creates an enduring gift for children, grandchildren, and other loved ones. Discussion and brief writing exercises will help participants explore their values and capture important insights. Advice, encouragement, and a model structure is provided to help participants draft and complete their own legacy letter.

Friday, November 5 | 10:00 a.m. – 12:00 p.m.  
IN PERSON | Course #3572



**Leonardo da Vinci's Hidden Message: Leonardo's Knot**  
Instructor: Caroline Cocciardi

*Wine Spectator Learning Center – WINE 1001 – SSU Campus*

Author Caroline Cocciardi focuses on a facet of Renaissance artist Leonardo da Vinci's artwork that has been overlooked for centuries but visual to the naked eye: Leonardo's placement and use of inspired knots throughout his artwork as seen in such iconic works as Mona Lisa to The Last Supper. The intertwining knot Leonardo invents tells the story of a hidden message unlocked by Cocciardi and revealed in Mona Lisa's embroidery pattern.

Friday, November 12 | 10:00 a.m. – 12:00 p.m.  
IN PERSON | Course #3573



**Japanese American Incarceration during WWII and Its Relevance Today** | Instructor: Jodi Hottel

*Wine Spectator Learning Center – WINE 1002 – SSU Campus*

During World War II, over 120,000 Americans of Japanese descent were forcibly removed from their homes and put into incarceration camps in remote locations. This course will explore the historical context of this event and detail the experience of those who were incarcerated. There will be an emphasis on the stories of Sonoma County Japanese Americans. The relevance of this event in today's world will also be explored, especially in the relation to human and civil rights.

Friday, November 19 | 10:00 a.m. – 12:00 p.m.  
IN PERSON | Course #3574



**A Charlie Brown Christmas: How an Unconventional Approach Created a Holiday Classic**

Instructor: David Sandri

*Wine Spectator Learning Center – WINE 1001 – SSU Campus*

For over 55 years, *A Charlie Brown Christmas* has been an indelible part of the holiday season. But its unconventional approach in its creation almost did not get it on air in 1965. We will explore how this iconic program broke the mold to become such an endearing part of the holiday season. Just for you in time for the holidays!

## COVID-19 UPDATE FOR IN PERSON CLASSES AT SSU

As of July 27, 2021: SSU asks that all employees, students, and guests continue to wear masks while indoors on campus. Masks also continue to be required outdoors when unable to maintain six feet of physical distance between individuals. Sanitation stations (hand sanitizer and antibacterial wipes) will continue to be available throughout campus and SSU custodial teams will continue to provide frequent sanitation of high-touch surfaces throughout the day.

OLLI students will be required to wear masks, do a wellness check, and be vaccinated, to attend in person classes or events.

For up to date information regarding SSU COVID-19 requirements:  
<https://covid19.sonoma.edu/general-information-0>

## SAVE THE DATE!

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**ED STOLMAN 20<sup>TH</sup> ANNIVERSARY LECTURE**

Friday, September 10 from 3:00 – 4:30 p.m.  
Sally Tomatoes – SOMO Village Event Center

**Keynote Address:** Chris Smith, local favorite columnist with the *Press Democrat*

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Chris has written hundreds of local heartwarming stories for over 30 years and will share a few of his favorites with OLLI!

Register at [olli.sonoma.edu](https://olli.sonoma.edu) beginning August 13. Limited Seating. A mask, wellness check, and COVID-19 vaccination, are required to attend SSU indoor classes and events.

## OLLI FALL 2021 FEES

### OLLI Member Registration Fee: \$20

Member Registration Fee is paid during fall, winter, and spring terms, for six week and three week courses.

### Six Week Course: \$95

#### Bundle A: 2 Six Week Courses: \$150

Save \$40

#### Bundle B: 3 or more Six Week Courses: \$225

Save \$60 or more. The more classes you take, the more you save.

### Three Week Course: \$60

#### OLLI À La Carte (2 hour course): \$25

No member registration fee if only taking À La Carte class

## OLLI MEMBER BENEFITS:

- Seawolf Card – Official ID card of SSU, for discounts and uses at SSU
- Jean and Charles Schulz Information Center and Library
- University Art Gallery, SSU Bookstore, and Dining Services (on campus)
- Evert B. Person Theatre – Featuring music and theater performances
- Sonoma Film Institute Offerings
- Lecture Series with Schools of Science and Technology, Engineering, Library, Physics, Visiting Arts, Holocaust Series (spring)
- Green Music Center – 10% discount on most events
- Student Rec Center – OLLI members can use at a special rate
- Free Summer 2022 OLLI A La Carte classes – With fall, winter & spring member registration fees
- Advance notice of OLLI special events, free lectures, and OLLI Clubs

## REGISTER FOR AN OLLI CLASS – FALL REGISTRATION OPENS AUGUST 11!

### Online Registration & Instructions

Register up until 5:00 p.m. two days before class at [olli.sonoma.edu/register](http://olli.sonoma.edu/register) or by phone up until 5:00 p.m. the day before the class: 707-664-2691 (8:00 a.m. – 5:00 p.m.).

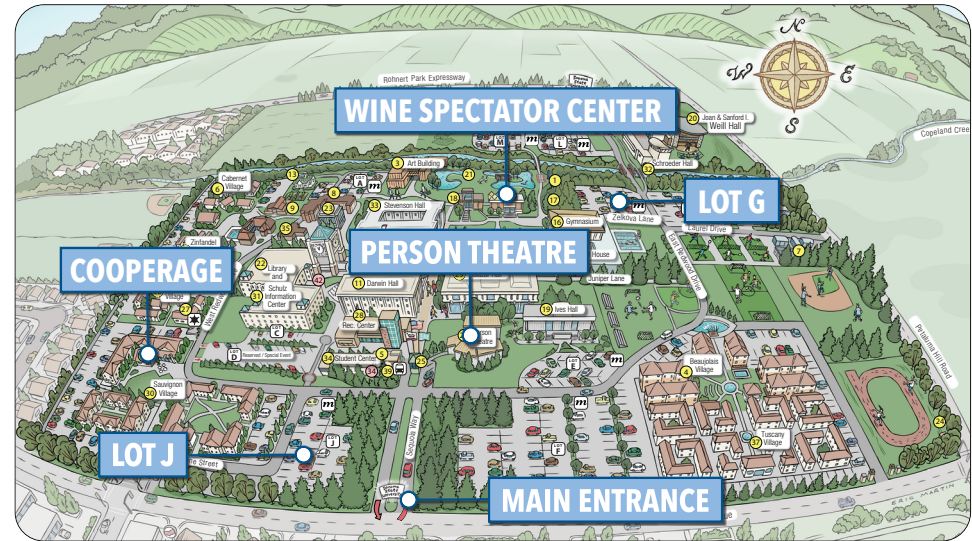
**ONLINE (ZOOM) classes:** Registered students receive email with Zoom link the day before class starts.

**IN PERSON classes:** Registered students receive an email the day before class starts with course location, directions, and parking information. There is a \$5 daily parking fee at the SSU campus.

Course Materials are available at [olli.sonoma.edu/course-materials](http://olli.sonoma.edu/course-materials).

## HOW TO FIND US!

Here are directions to our campuses:



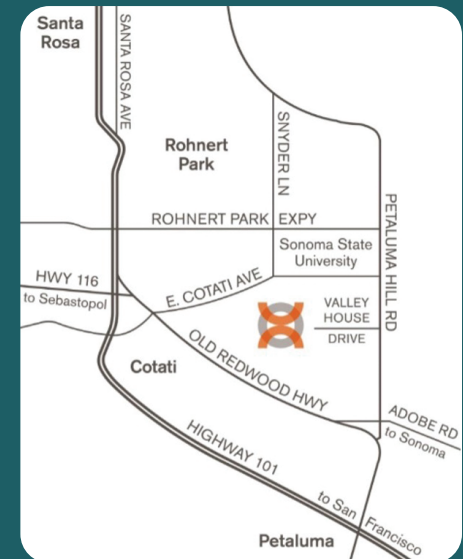
### University campus

Hwy. 101 to Rohnert Park Expressway exit. Turn east onto Rohnert Park Expressway and follow to its end at Petaluma Hill Road. Right on Petaluma Hill Road to the stoplight at East Cotati Avenue. Right on East Cotati Avenue to Main Entrance of the campus on your right. Information Booth is straight ahead (purchase parking passes). Friday in person Classes are located in the Wine Spectator Learning Center (WSLC). Closest parking is Lot G. (\$5 daily fee).

### SALLY TOMATOES EVENT CENTER

SOMO Village / 1100 Valley House Dr., Rohnert Park

Exit US101 at exit number 481B, turn east; Turn right/south onto Old Redwood Highway; Turn left/east onto East Cotati Avenue; Turn right/south onto Bodway Parkway; At the end of Bodway Parkway, turn right/west onto Valley House Drive; Turn right at the 2<sup>nd</sup> drive to the SOMO Village Event Center at 1100 Valley House Drive. FREE Parking in front of building and in larger lot.





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## Osher Lifelong Learning Institute

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[olli.sonoma.edu](http://olli.sonoma.edu)

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